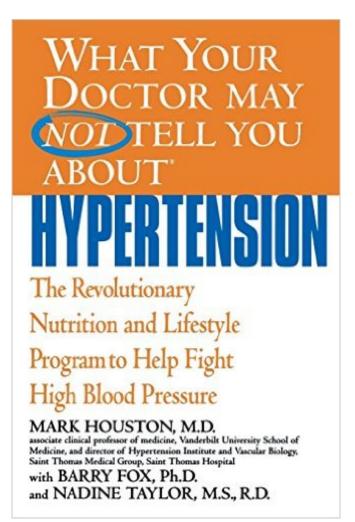
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What Your Doctor May Not Tell You About(TM): Hypertension: The Revolutionary Nutrition And Lifestyle Program To Help Fight High Blood Pressure (What Your Doctor May Not Tell You About...(Paperback))





# Synopsis

Houston offers a revolutionary, all-natural treatment program for reversing hypertension, the "silent killer" that affects more than 60 million Americans.

# **Book Information**

Series: What Your Doctor May Not Tell You About...(Paperback) Paperback: 287 pages Publisher: Grand Central Publishing; 1 edition (October 1, 2003) Language: English ISBN-10: 0446690848 ISBN-13: 978-0446690843 Product Dimensions: 5.2 x 0.8 x 8 inches Shipping Weight: 8.8 ounces (View shipping rates and policies) Average Customer Review: 4.5 out of 5 stars Â See all reviews (60 customer reviews) Best Sellers Rank: #94,301 in Books (See Top 100 in Books) #15 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > High Blood Pressure #76 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Heart Disease #1444 in Books > Health, Fitness & Dieting > Diseases & Other Diets

## **Customer Reviews**

"A highly informative and enjoyable read."

Dr. Mark Houston is an Associate Clinical Professor of Medicine at the Vanderbilt University Medical School and Director of the Hypertension Institute at St. Thomas Medical Group in Nashville, Tennessee. He is the co-author of The Handbook of Antihypertensive Therapy, a guidebook for doctors and medical professionals.

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